

Relatives Of Drug Abusers

Training and Information Sessions 2010 – Correct as of Thursday 8th July

| Month | Date | Session | Venue | Time | Facilitated by |
|-----------|-------------------------|---------------------------------------|----------------------|-------|-----------------|
| July | Friday 30 th | Drug and Alcohol Awareness | Quaker Meeting House | 1-3pm | Eddie Concannon |
| August | Friday 27 th | Listening Skills | As Above | 1-3pm | Val Linnet |
| September | Friday 24 th | Assertiveness and Confidence Building | As Above | 1-3pm | Eddie Concannon |
| October | Friday 29 th | Transactional Analysis | As Above | 1-3pm | Alison Sadler |
| November | Friday 26 th | Creative Therapy | As Above | 1-3pm | Hazel Garton |
| December | Friday 17 th | Aromatherapy and relaxation | As Above | 1-3pm | Elaine Whitnall |

Those highlighted in **gold** are relaxation and respite session