

**RODA Support Groups July-December 2010:
Held at Friends Quaker meeting House unless stated:**

<p style="text-align: center;"><u>Wednesday Group, evenings:</u> <u>6.45 – 9 pm</u></p> <ul style="list-style-type: none"> • July: 28th • August: 11th 25th (Shirecliffe) • September: 8th 22nd • October: 6th 20th • November: 3rd 17th • December: 1st 15th 	<p style="text-align: center;"><u>Grandparents Group</u> <u>(Saturday mornings):</u> 9.45am-1pm</p> <ul style="list-style-type: none"> • August: 21st • September: Nil • October: 16th • November: Nil • December: 18th
<p style="text-align: center;"><u>Thursday Group, mornings:</u> <u>10 am -12: or 1pm</u></p> <ul style="list-style-type: none"> • August: 5th 19th • September: 2nd 16th 30th • October: 14th 28th • November: 11th 25th • December: 9th 	<p style="text-align: center;"><u>Friday Group, mornings:</u> <u>10 am -12: or 1pm</u></p> <ul style="list-style-type: none"> • July: 30th • August: 6th 13th 20th 27th • September: 3rd 10th 17th 24th • October: 1st 8th 15th 22nd 29th • November: 5th 12th 19th 26th • December: 3rd 10th 17th

NODS:

Monday evenings:
7.00 – 9.00 pm

- Sept 6th
- Oct 25th
- Dec 6th

SPACE2:

Wednesday evenings:
6.30 – 8.30 pm

- August: 4th
- September: 1st
- October: 6th
- November: 3rd
- December: 1st

Alcohol Carers Group:

Meeting held at SAAS, Abbeydale Rd.

Alternate Tuesday evenings, 7-9pm

- July: 27th
- Aug: 10th 24th
- Sept: 7th 21st
- Oct: 5th 19th
- Nov: 2nd 16th 30th
- Dec: 7th 21st