



Sheffield Drug & Alcohol Action Team

Volume 3, Issue 3

Autumn 2009

SHEFFIELD SUBSTANCE MATTERS

Inside this issue:

Quarterly Figures	2
ICE Programme	4
Aftercare	5
Needle Exchange Pilot sites	6
Alcohol Update	6
Hidden Harm	8
Kickstart news	8



Sheffield Treatment Pathway—the Future

Magda Boo, Joint Commissioning Manager for the DAAT, provides a background to the Tendering Programme

Sheffield Drug and Alcohol Action Team has a vision of a treatment system where every service user has prompt access to treatment that meets their needs, and is involved in their treatment journey from beginning to end; the end of the journey is recovery and being supported to live life "drug free".

Q: Sheffield DAAT has announced that it is offering treatment services for tender over a 2 year period. Why is that?

Our treatment system has grown dramatically over the past 10 years with huge increases in national and local funding. There are more people in treatment than ever before and "waiting a long time" for treatment today means three weeks. You only need to look around to notice that we are now in a very different financial climate. Sheffield DAAT has to increase the numbers of people in treatment year on year; however we have no guarantees that our

(Continued on page 3)

Overdose and Resuscitation Training

Turn to Page 3 for news about the next training event with details of Where, When and How to apply.



Quarterly Figures – Quarter 1 2009/10

Measure	Target for Sheffield	Q1	Comments
Number of people in structured Tier 3 drug treatment - crack and/or opiate users ONLY	2,691	2,596	
Number of people in structured Tier 3 drug treatment - ALL ADULTS	2,898	2,873	
% of people in Effective Treatment - crack and/or opiate users ONLY	90%	93%	Someone is classed as being in effective treatment if they are either: a) in treatment 12 weeks or more, or b) discharged under 12 weeks but in a planned way
% of people in Effective Treatment - ALL ADULTS	90%	92%	
Number of discharges from treatment that are care planned	52%	27%	
Clients to wait less than 3 weeks for start of treatment	85%	97%	
Number of clients with a care plan recorded	90%	96%	

Alcohol Data

Work is going on to capture information on alcohol treatment and we hope to be able to report on this shortly.

Key

	Hitting or above target
	Below target but showing improvement OR slightly below target
	Below target

New Look Newsletter

Changes are planned to your newsletter. The Provider newsletter will be amalgamated with the Family & Friends and Service Users Newsletter. There will be one newsletter a quarter to cover all areas of news around drug and alcohol treatment from all the different perspectives. There will be a Family & Friends and Service User newsletter in November; after that, there will be a combined newsletter, with the winter issue appearing in December.



You will see from Simon Finney's article on the ICE Programme (Page 4) that energies are being concentrated on reaching and engaging those in need of treatment and retaining the people who have already come into treatment. The financial climate means that resources are limited and we need to be sure we are using them to achieve our objectives. We hope that re-aligning the communications resources will help us do this.

We continue to welcome your input into the newsletter and your suggestions for future articles.

(Continued from page 1)

local and national funding will increase. This means we have to plan our treatment services very carefully. We are streamlining services so that most of our money is spent on treatment delivery.

Q: Why now?

Treatment services are on three year contracts and these come to an end in March next year. This has set the timetable. We are extending some contracts so that we can make the change happen slowly and in a planned way.

Q: Why are you tendering over 2 years? Wouldn't it make more sense to do it all in one go?

We thought about this very carefully and this came out as the best way of making sure service users and their treatment were not disrupted. We are starting off with prescribing as this is where most of our service users are in treatment and we want to concentrate on getting this right. We will use the feedback from service users about how the change has been managed to plan the next round.

Q: What difference will it make to service users?

If there is a new service provider in a new

building then obviously it may take some getting used to the change and we will do our best to communicate with service users so any changes happen as smoothly as possible.

We hope that many of the staff will stay with us so the chances are that service users will still see the same nurse or drug worker.

From a service user perspective, if it is the same agency, delivering the same service, with the same staff, in the same building they may think "what was the point?" The point is the same service will be delivered in a different way; we have listened to feedback from users and carers and used this to set out what we want our services to look like. Recovery and being involved in treatment has been a big focus for service users so new services will need to make sure this is delivered.

Q: What are you hoping to get out of it? What will make it worth it for Sheffield DAAT?

We want to design the best treatment service we can, with the money we have, that is right for service users and carers today and for the next five years. If we can achieve that then it will have been worth it.

Overdose Awareness and Resuscitation Event on Thursday 3rd December 2009 2.00pm – 4.30pm

We are now happy to offer Overdose Awareness and Resuscitation training to Clients and Workers – it could save lives. The afternoon will include:

- Overdose Awareness by Turning Point
- Emergency Support/Resuscitation by Yorkshire Ambulance Service Trust.

We only have 18 places available on this event. You will receive an attendance Certificate from Yorkshire Ambulance Service!

Book your place as soon as possible. [Contact Yvonne Bryson at Sheffield DAAT](#)

Phone: 0114 2736851

Fax: 0114 2736984

Email: yvonne.bryson@sheffieldpct.nhs.uk

Venue: Quaker Meeting House, 10 St. James Street, Sheffield, S1 3EW



Increasing Client Engagement

You should all have heard by now of the ICE Programme and the work that is being led locally by Donna Linehan at Addaction, to increase the numbers of clients engaging and remaining in tier 3 treatment. ICE is a time-limited piece of work from April 2009 to March 2010, commissioned by the DAAT and undertaken by Addaction.

The original rationale for establishing ICE came out of the identification of a number of attrition points in the treatment system including:

- ◆ 'Revolving door' clients who serially engage and disengage with treatment; this includes 'top testers' who are repeatedly arrested and tested;
- ◆ Clients who fail to engage after Required Assessment;
- ◆ Clients breaching Restrictions on Bail by failing to engage and not being suitable for community treatment outcomes/ going to prison;
- ◆ Clients who engage with assessment and fail to attend for treatment;
- ◆ Clients leaving prison to go to rehab and not arriving/ leaving quickly;
- ◆ High crime-causing users whose engagement in treatment is a priority for community safety;
- ◆ Matching criminal justice and treatment data suggesting the percentage of DIP clients entering treatment could be improved;

- ◆ The need for people completing court-mandated treatment to remain in effective treatment.

As Sheffield failed to reach its problematic drug users activity treatment target last year it has placed a greater emphasis on ICE and links into the current drive to increase the number of people entering tier 2 services and encourage their movement and engagement with tiers 3 and 4 treatment.

ICE has a number of agreed desired outcomes; these are, to undertake:

- ◆ An investigation into barriers to engagement; which includes a consideration of the barriers for specific groups of clients, e.g. women, black and minority ethnic clients;
- ◆ An evaluation of current activities and initiatives to increase engagement (e.g. UI Project) in terms of what works and what doesn't;
- ◆ Proposals for activities/ practices/ projects that could increase client engagement;
- ◆ Piloting a set of proposals received by service providers and evaluating the impact of these on engagement. We are currently at this stage and many services will be involved in ICE pilots.
- ◆ A report containing methodology, findings, and recommendations;
- ◆ An implementation plan to integrate the findings into commissioning and practice;
- ◆ Delivery of the implementation plan in so far as the findings are accepted as core practice in substance misuse agencies and other relevant agencies (e.g. criminal justice services).

One of the practical measures that has already been established as a result of

(Continued on page 5)

(Continued from page 4)

ICE was the installation of a Video Conferencing facility in the Addaction premises. This now enables direct contact between workers and their clients who are in custody in most of the country's prisons. Video conferencing can be used by any Sheffield treatment provider or DIP service provider.

If you would like to find out more about Increasing Client Engagement, discuss the various ICE pilots or find out how to book the Video Conferencing facility, please contact:

Either:
Donna Linehan
ICE Project Manager
Addaction
0845 0042218

Or
Simon Finney (ICE Steering Group Chair)
Criminal Justice Services Manager
DAAT
0114 205 3672

addaction

Aftercare for all

My name is Steve Day and I am currently running Addaction Sheffield Aftercare Programme.

Addaction has recently been commissioned by the DAAT to increase aftercare provision in the Sheffield area. This means aftercare will be open to anyone completing treatment drug free and over 18 years old, living in the Sheffield area.

The aim of aftercare is to support service users when they leave treatment. Aftercare should help service users hold on to the successes they have achieved in their treatment and help them in the transition from treatment to an independent lifestyle.

Individuals can quickly return to their previous substance misuse habits, where their health and wellbeing gains can rapidly be eroded, if they are not provided with information, advice and continuing support to address the social, environmental and financial factors associated with their substance misuse.

Individuals interested can self-refer or have a past or current worker refer to us. They will then be invited for an assessment with one of the aftercare workers and a care package will be developed to meet individual need.

The group work and activities programme is run over a 14 week period with one group and one activity per week (service users will be expected to attend for the group to participate in the activity) and a 1-1 session. 1-1 sessions can continue after the completion of the group work programme if needed. For more information you can **contact an aftercare worker on 0114 253 6830.**



Mobile Needle Exchange—New Pilot Sites

Mobile Exchange
Turning Point

Sharp Action

New Pilot Sites

Commencing **8th September 2009**

Tuesday Manor Park Centre 12.30-2pm
(Parked in side alley next to the old 'steel inn' pub)

Wednesday Sunny Bank 11.30-12.30pm
(Parked opposite Exeter Drive)

Friday Burngreave 10.30-11.30am
(Parked at the end of Verdon Street near the park)

Friday Stocksbridge 1-2.30pm
(Parked in lay by on Manchester Road opposite Steel works.)

Thursday High Green 12.30-1.30
Thursday Parsons Cross 2-4.30
(Additional hour due to client need)

Please note sites with time changes

Offering a friendly, relaxed atmosphere with non-judgemental service.

Logos: Sheffield DASH, Turning Point, Sharp Action van, Sheffield DASH logo.

Sharp Action—Draft Timetable

	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm
Monday					12.30 - 1.30 Gleadless		2-3 Jordanthorpe		3-4 LowEdges
Tuesday	8.30-10 Archer Project				12.30-2 Manor		2.30-4 Bevin Court		
Wednesday			10-11 Kiss Group at Archer Project		11.30-12.30 Sunny Bank	1.30-3.30 Kiss Clinic at Turning Point			
Thursday					12.30-1.30 High Green		2-4.30 Parsons Cross		
Friday		9-10 Archer Project	10.30-11.30 Burngreave			1-2.30 Stocksbridge			

Alcohol Strategy Update

Partnership Working Making the City a Safer Place

Sheffield Drug & Alcohol Action Team in partnership with the City Centre Safer Neighbourhood Team is distributing thousands of polycarbonate glasses free of charge to licensed premises in Sheffield. These glasses are virtually indestructible and do not fragment on impact like glass.

The City Centre Safer Neighbourhood Team carried out trials in 6 city centre licensed premises during this year's 'Carnage Night' (a traditional yearly student event), in order to ascertain the city centre drinker's receptiveness to using these as an alternative to traditional glass products. 96% of those surveyed said the polycarbonate glasses made no difference or improved their overall drinking experience and 80% said that they would feel safer in a bar that didn't use glass. Once licensees were convinced that using polycarbonate glasses would not affect their trade they were receptive to the idea of using these as an alternative to traditional glassware.

However, replacing glass stock with polycarbonate stock can run into thousands of pounds for the larger licensed premises; therefore DAAT purchased a further 100,000 glasses, which will enable approximately 70 licensed premises with the highest risk of having a glassing incident to replace their entire glass stock with polycarbonate stock.

Each glassing incident costs the NHS up to £180,000 (Home Office, 2008). This rises to £250,000 on average if Criminal Justice costs are included (Home Office, 2008).

In addition, the victim of a glassing incident, and their relatives, will be subject to immeasurable physical and mental suffering.

This polycarbonate initiative complements other interventions to reduce alcohol related harm in Sheffield by creating a safer night time economy.

Drinking Buddy—"Staying safe" advice for students



'Drinking buddy' is a brand new campaign that was launched by DAAT on behalf of the Safer and Sustainable Communities Partnership this September, aimed at giving students handy hints and tips on drinking safely, such as what to do before they go out drinking and what precautions to take to keep them safe when they are out drinking.

The 'Drinking Buddy' Team were in Sheffield Students Union on 21st and 22nd September and Hallam Students Union on 24th September and Thursday 8th October. They handed out surveys to find out about students' drinking habits and what advice they would like to know about staying safe when drinking. Students got a free 'Drinking Buddy' pen and a bag of popcorn for completing a survey.



Hidden Harm

The DAAT is currently reviewing the strategic and operational framework for Hidden Harm. The Review, which will report in January, will include governance pathways, protocols, information, and staff and service development. The recommendations from the Review will form the basis of a new multi-agency Hidden Harm Strategy in 2010.

There will be a number of opportunities for providers to be included, including:

- ◆ Consultation interviews in October/November
- ◆ Expert Group in early December
- ◆ Providing information to the Project Team at various stages of the Review
- ◆ Helping the Project Team to consult with service users and carers

The Project Team – Kate Mitchell, Helen Phillips, Fiona Wright, Yvonne Bryson.

Kickstart news

You will have read in the June issue, Kickstart has moved to High Court Chambers, S1, only a short distance from where they were previously operating at Hartshead House. Kickstart are based on floor 2 and 3 of High Court Chambers and are pleased to report the new building complies with wheelchair accessibility as it has a lift to all floors and a disabled toilet.

The reception is on level 2, with the training room which has its own kitchen specifically for clients to use. The staff, including Chief Executive, Service Manager, Administration, Fund-raiser and Keyworkers all work in an open plan office on level 3 and have their own kitchen facilities. There are also 2 smaller rooms which are used each day for interviews and private meetings.



Christine Tooze, Chief Executive said, "We are all delighted with the new building. By being in the same office together, our internal communication has improved no-end, and we work much more as a team than we ever did before. It was a tough time moving in just two days as we didn't want to close the service for any longer than that, but the response from clients and staff has been so positive that we truly believe we made the right decision."

News update:



Over 100 people have signed up to take part in the Great Yorkshire Run on 6th September 2009 as part of the Kickstart Running Team. These include local business people and supporters as well as high profile individuals such as Richard Caborn MP, Kevin Blackwell, Johnny Nelson, players from the Sheffield Sharks, Sheffield Eagles, Great British Volleyball Team and many more.

Kickstart are hosting a post run BBQ for the runners and their families at the Holiday Inn Royal Victoria hotel on the day which will also be attended by their patron, Rt Hon David Blunkett MP.